

## Hospital ward routine **Station K21** (Monday to Friday)

Around 7 a.m.	<ul style="list-style-type: none"> <li>• Wake up call</li> <li>• Morning care</li> <li>• Folding up and putting aside of accessory beds</li> </ul>
7:30 - 7:45 a.m.	<ul style="list-style-type: none"> <li>• Short doctor's round of the senior physician and ward doctor</li> </ul>
7:45 - 8:15 a.m.	<ul style="list-style-type: none"> <li>• Breakfast</li> </ul>
8:30 – 9:30 a.m.	<ul style="list-style-type: none"> <li>• ENT – round</li> </ul>
<b>Until 10:00 a.m.</b>	<ul style="list-style-type: none"> <li>• <b>Hospital discharge</b></li> </ul>
Around 12 p.m.	<ul style="list-style-type: none"> <li>• Lunch</li> </ul>
2:30 - 3:30 p.m.	<ul style="list-style-type: none"> <li>• Doctor's consultations</li> </ul>
5:15 - 6:15 p.m.	<ul style="list-style-type: none"> <li>• Dinner</li> </ul>
7 p.m.	<ul style="list-style-type: none"> <li>• Pre-night-care</li> <li>• Possible preparations for planned operation procedures the next day</li> <li>• Inquiring about last meal before operation</li> </ul>
8:00 p.m.	<ul style="list-style-type: none"> <li>• lights-out</li> <li>• end of visiting hours</li> </ul>

## Admission day

- Admission interview by the nursing staff
- If necessary, blood samples, ultrasound examinations
- for planned operations - consultation with the anaesthetist
- Afterwards you can move freely on the ward until dinner, after consultation with the nursing staff
- There is a playground at the children's hospital - the play island is open Mon - Fri from 08:30 - 12:00 & 14:30 - 16:00.
- You can enquire about your child's fasting time after dinner..
- **OP - preparatory measures:**
  - laxative if necessary
  - shower/bath
  - Please pay attention to
    - short, clean fingers and toenails
    - Nail varnish should be removed
    - navel cleansing
    - Remove jewellery (earrings/piercings) - please take these home with you

***If you have any further questions, please do not hesitate to contact us***

## Surgery day

**Fasting times must be adhered to** (you will be informed of any changes in time).

- Approx. 30 - 45 minutes before the operation, your child will receive the medication prescribed in the anaesthetic consultation in the form of a tablet / juice or suppository
- You may accompany your child to the operating theatre door (hall on the ground floor).
- In order for you to be able to join your child in the recovery room after the operation,
- it is important that you spend the waiting time on the ward in the patient's room.
- Only 1 parent (mum or dad) can enter the recovery room at any one time.
- The nurse in charge will tell you what your child is allowed to eat and drink after the operation. Please follow the instructions for the well-being of your child.

*If you have any further questions, please do not hesitate to contact us*

## Doctor's consultations

### Paediatric surgery

Doctor's consultations (short-Vision)	
Monday - Friday	7:00 - 7:45 a.m.
Saturday - Sunday	8:00 - 8:30 a.m.
Doctor's consultations is possible	
Monday - Friday	14:00 - 15:30 a.m.
Chief physician's visite	
Wednesday	12:00 p.m.

### Ear Nose Throte (ENT)

Doctor's consultations	
Monday - Friday	Around 8:30 - 9:30 a.m.
Saturday	Around 10:00 Uhr a.m.
Sunday	Around 12:00 p.m.